



Lancing Sailing Club

RS Aero Open 2026

Saturday 11th July 2026

SAILING INSTRUCTIONS (SIs)

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1. The notation [DP] in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing 2025-2028*
- 1.2 Competitors shall sail in accordance with the [RYA Racing Charter](#).
- 1.3 Competitors must abide by the [RYA anti-doping policy](#).
- 1.4 Standard Class rules apply.
- 1.5 [NP] Rule 40.1 applies at all times when afloat.
- 1.6 Racing rules Race Signals AP, 33, 35, 60.1, 61.3, 62.1(a), 62.2, A2, A5.1 and A5.2 will be changed. The changes appear, in full, in these sailing instructions.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the SIs will be posted before 11:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the [Event Online Notice Board](#) prior to the event, and on the official notice board located on the clubhouse close to the main entrance.

4 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the clubhouse race box and atop the public toilet block.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP. This changes race signals AP.
- 5.3 [DP] Competitors may not leave the shore until Code Flag D is displayed atop the public toilet block accompanied by one sound signal. The Warning Signal will not be made before the scheduled time or less than 15 Minutes after Code Flag D is displayed.

6 SCHEDULE OF RACES

- 6.1 Racing:

<i>Date</i>	<i>Race</i>
Saturday 11 th July	Races 1 – 3

- 6.2 The scheduled time of the first warning signal for the first race is 1155.
- 6.3 On the last day of racing no warning signal will be made after 1600.
- 6.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made.
- 6.5 Not used

7 CLASS FLAGS

RS Aero 5	'5' on a Light Blue background (or if not available Numeral 5)
RS Aero 6	'6' on a Purple background (or if not available Numeral 6)
RS Aero 7	'7' on a Yellow background (or if not available Numeral 7)
RS Aero 9	'9' on a Pink background (or if not available Numeral 9)
All RS Aeros	Numeral 1

8 RACING AREA

See NoR 12.

9 COURSES

- 9.1 Trapezoid with split loops as per Addendum A image for large fleets or a simple 4 sided trapezoid (not pictured) for a smaller fleet courses will be used. The diagrams in Addendum A show the courses, the order in which marks are to be passed, and the side on which each mark is to be passed.
- 9.2 The courses to be sailed will be confirmed during the briefings and displayed on the notice board located on the clubhouse no less that 60 minutes before the start of the first race of the day.
- 9.3 The courses to be sailed for each individual race will also be displayed on a blackboard situated on the Port Hand Side of the Committee Boat.

10 MARKS

- 10.1 The Starting Line and Finishing Line Mark will be yellow cylindrical pencil buoy.

- 10.2 Mark 1 will be an orange cylindrical buoy.
- 10.3 Mark 2 will be a black cylindrical buoy.
- 10.4 Mark 3 will be a black cylindrical buoy.
- 10.5 Mark 4 will be an orange cylindrical buoy.

11 OBSTRUCTIONS

11.1 Competitors should be aware that the rock groynes extend underwater and form obstructions.

12 THE START

12.1 The starting line will be between a mast on the committee boat displaying an orange flag at the starboard end and the course side of a port-end starting mark.

12.2 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 CHANGE OF THE NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

13.2 Minor course changes may not be signalled. This changes RRS 33.

14 THE FINISH

14.1 The finishing line will be between a mast on the committee boat displaying a blue flag at the starboard end and the course side of the port-end finishing mark.

14.2 A finishing line may be established at any mark of the course by any Race Management vessel displaying Code Flag 'S'. The finish line will be between the staff displaying Code Flag 'S' on that vessel and the mark of the course left to the required side.

14.3 At the discretion of the Race Committee and on making two sound signals and displaying Code Flags 'C' over 'S' the Committee Boat or any other Organising Authority Committee vessel (RIB) will with the above flags displayed motor around the course and along the rhumb line in a opposing direction to the course so as to finish boats that have not reached the designated Finishing Line (used for other boats). Boats finished in this alternative way will be scored after all other boats that sailed to the designated Finishing Line and, are advised to sail near the rhumb line. The finishing position of any boat finished in this alternative way will be as recorded by the Race Committee and this shall not be grounds for any Protest. This changes RRS35, 60, A5 and RRS Race Signals.

15 PENALTY SYSTEM

See NoR 14.

16 TIME LIMITS

16.1 Boats failing to finish within a 15 minute finishing window after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2

16.2 The time limit for the first boat to finish any one race shall be 75 minutes.

17 HEARING REQUESTS

- 17.1 The protest time limit is 45 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later. This changes RRS 61.3 and 62.2.
- 17.2 Hearing Request forms are available at the race office.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in a location as directed on the Notice, and beginning at the time stated on the Notice.

18 SCORING

As per NoR 15.

19 SAFETY REGULATIONS

- 19.1 [DP] [NP] A boat that retires from any race shall notify the race committee as soon as possible (no more than 45 minutes of the last boat finishing the last race of the days racing sequence).

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 [DP] [NP] Substitution of competitors is not allowed.
- 20.2 [DP] [NP] Substitution of damaged or lost equipment is not allowed unless authorised by the Race Committee. Requests for substitution shall be made at the first reasonable opportunity.

21 EQUIPMENT AND MEASUREMENT CHECKS

[NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22 SUPPLIED BOATS

Does not apply.

23 OFFICIAL VESSELS

Official Vessels shall comprise the Committee Boat (White Hull, Yellow topsides), grey and orange RIBS.

24 [DP] [NP] SUPPORT TEAMS

As per NoR 16

25 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

26 BERTHING

[DP] [NP] Boats shall be kept in their assigned places in the dinghy park.

27 HAUL-OUT RESTRICTIONS

Does not apply.

28 DIVING EQUIPMENT AND PLASTIC POOLS

Does not apply.

29 PRIZES

As per NoR 24

24 RISK STATEMENT

As per NoR 22.

25 INSURANCE

As per NoR 23

ADDENDUM A – Courses

Trapezoidal

O1 1, 2, 3, 4, Finish

O2 1, 2, 3, 2, 3, 4, Finish

O3 1, 2, 3, 2, 3, 2, 3, 4, Finish

I2 1, 4, 1, 2, 3, 4, Finish

I3 1, 4, 1, 4, 1, 2, 3, 4, Finish

Marks 1, 2, 3, and 4 to be rounded to port

