



Lancing Sailing Club

ILCA South Coast & South East Grand Prix

30 July 2023

Notice of Race (NOR)

1. Rules

1.1. Racing will be held under the Racing Rules of Sailing 2021-2024.

2. Eligibility and Entry

2.1. 2.2. Fleet categories are: ILCA7 (Full) / ILCA6 (Radial) / ILCA4 (4.7)

2.3. Entries **in advance** by completing an entry form: [UKLA : ILCA SGP - Lancing Sailing Club](#). This includes confirmation of insurance in accordance with 7.1 below and acceptance of conditions of the NOR.

3. Fees

3.1. £16 per entry, payable in advance (includes entry to South Coast Grand Prix Series for those completing the series: [UKLA : South and South East GPX Series \(ilca.uk\)](#))

4. Schedule

4.1. A race briefing confirming sailing instructions will be held/posted no later than 10.00 Sunday 30th July 2023.

4.2. The 1st warning signal shall not be before 10.55am Sunday 30th July 2023.

4.3. Maximum of up to 3 races to be sailed. Races will be sailed back-to-back, unless advised in race briefing in 4.1.

4.4. The last start will be no later than 16.00 hours

4.5. One discard will be allowed if three or more races are sailed. If less than three races sailed overall, results of all sailed races will count.

5. Prizes

5.1. Prizes will be awarded for the first 3 places for each fleet, plus spot prizes for first youth, first female and first newcomer.

6. Disclaimer of Liability

6.1. Competitors participate in the event entirely at their own risk. See rule 4 RRS. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

7. Insurance

7.1. All participants shall be listed on the entry form (refer 2.2.), they or their representative shall pay the entry fee and via the entry form (refer 2.2.) confirm that their craft is insured for third party liability to a minimum of £3 million.

8. Further information

8.1. Refreshments available at the clubhouse – card payment only. Check out the LSC Website for more information regarding the event.

8.2 Car parking/drop of – **vehicles are NOT to drive up the Shopsdam Road** access track to the beach. Once dinghy unloaded at the bottom of the track, please park your vehicle in neighbouring roads. Assistance will be on hand to assist/direct you from 09.00, and again at the close of the day.

8.3 Directions: satnav postcode is BN15 8ES. what3words: ///dared.daring.moment